

Our highly trained massage team combines a variety of massage techniques to create a well-being massage to suit each individual. The initial consultation will direct the therapist in what techniques to use and which areas require the most attention. Your preference may be total relaxation, deep tissue work or a combination of both. Our own unique and personalized medicinal herbal oil blends give an added therapeutic dimension to your massage. Come experience the best massage in San Francisco.



Now offering the **Cocoon Massage Membership Program!**

Massage Me Now

For **\$85 per month** enjoy a 60 minute massage of your choice once a month.

For **\$115 per month** enjoy a 90 minute massage of your choice once a month.

Massage Me More

For **\$160 per month** enjoy two 60 minute massage sessions of your choice twice a month.

For **\$215 per month** enjoy two 90 minute massage sessions of your choice twice a month.

Massage Me Always

For **\$280 per month** enjoy a 60 minute massage of your choice once a week.

For **\$420 per month** enjoy a 90 minute massage of your choice once a week.

A total of 4 massages per month.

12 month commitment required. Unused membership sessions can be carried over from month-to-month.

Share your membership with a guest (share 3 treatments per year). \$100 cancellation fee if 12 month commitment is broken.

20% off all add-on treatments for Members.

Non-Member Pricing



Essential Relaxation Massage

A full body, smooth flowing style of massage that promotes deep relaxation, improves circulation, range of movement, and relieves muscular tension. Uplifting and mind clearing the benefits of this treatment are appropriate for all.

\$100 for 60 minutes; \$150 for 90 minutes

Couples Massage

Share the sweet experience and embrace relaxation side by side in our candlelit couples massage room. Our massage therapist's will help you and your partner ease your minds and leave any stresses or worries behind as you are able to enter into complete togetherness.

\$220 for 60 minutes; \$320 for 90 minutes

Deep Relaxation Massage (NEW!)

A full body, smooth flowing style of massage that incorporates deep tissue work where your body needs it. A combination of our Essential Relaxation Massage and our Therapeutic Deep Tissue massage. When you want to relieve tension in the body and relax the mind.

\$110 for 60 minutes; \$160 for 90 minutes

Therapeutic Deep Tissue Massage

A full body or specifically focused sophisticated massage using a variety of methods. Includes trigger point therapy and myofascial techniques to release deep-seated muscular tension and fascial restrictions that cause stress in the body. Ideal for guests experienced in massage.

\$110 for 60 minutes; \$160 for 90 minutes

Hot Stone Massage

Hot stone massage uses smooth, heat retaining stones combined with Swedish and Deep Tissue massage techniques. The relaxing warmth of the stones allows the therapist to work deeper into the muscles, melting away tension and releasing knots in a comfortable and effective way. This massage is ideal for all guests, especially those who are sensitive to the cold.

\$175 for 90 minutes

Cocoon Signature Body Treatment

Our ritual treatment has been created to balance the body, mind and spirit by blending several ancient healing treatments into one. Your experience will begin with a dry brush body treatment, which helps to stimulate the lymphatic flow as well as tone the skin. Your tailored massage using warm aromatic oils will nourish and deeply relax the body. You will then be enveloped in a warm cocoon while you are treated to both the soft hands and feet treatment as well as the shirobhyanga head massage to completely restore you.

\$250 for 120 minutes

Pre-Natal Massage

A nurturing full body massage designed to alleviate the aches and pains that often accompany pregnancy. Deep tissue, passive movement and neuromuscular techniques are used to bring comfort, pain relief and relaxation to the mother-to-be.

\$110 for 60 minutes; \$160 for 90 minutes

Add To Any Treatment:



Body Treatments

Techniques that pair the power of hands with that of aromatic mixtures created to cocoon the skin with benefits. Perfectly relaxed by the olfactory power of essential oils and the wonderful attentive details that fill the ritual, your body is transformed...



Decléor Aromassage

Our Aromassage ritual focuses on balancing energies in the body using a blend of Aromatherapy heated balms and oils. Your therapist will tailor the massage specifically to meet your individual needs whether you are seeking pure relaxation or deep tissue work. Effleurage, acupressure, kneading and gliding movements follow each other in succession to release tension and deliver the aromatherapy benefits of Essential Oils.

\$150 for 60minutes; \$190 for 90 minutes

